



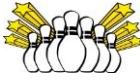


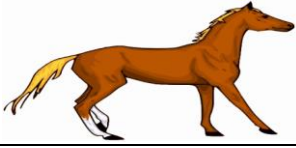







East Windsor Senior Center

Events and Activities

June/2016

SENIOR SERVICES (860) 292-8262 TRANSPORTATION PROGRAM (860) 292-8261 NUTRITION PROGRAM ON-SITE CAFÉ (860) 292-8279

NUTRITION PROGRAM MEALS - ON- WHEELS (860) 292-8279 WEBSITE: www.eastwindsorct.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Shopping at Geisslers 9:00	Free Blood Pressure and Sugar Screening 10:00	Lunch at Dairy Queen 11:00-2:00 
		Wii Zumba 12:30	Jewelry making w/Janice \$\$\$ 10:30	Mobile Food Share St. Catherine's Church 1:45-2:30
		WHPT Library 1:00 - 2:00	Senior Club Meeting 12:30-3:00	
6	7	8	9	10
Shopping - Walmart/Big Y 9:00 - 11:00	Game Day 10:00 - 11:30 	Shopping at Geisslers 9:00 Wii Bowling at The Residence at South Windsor Farms 12:30-3:30 	Coloring 10:00-11:30  Bingo for \$\$\$ 12:30 - 2:00 	Angel Horses & Lunch at Sophia's 9:20-3:00 
13	14	15	16	17
Shopping - Walmart/Big Y 9:00 - 11:00	Tea Time/Focus Group 10:00 - 11:00	Shopping at Geisslers 9:00	Sit and Stitch 10:00-11:30 	Rose Garden at Elizabeth Park Lunch at Second Poquonock 10:00-2:30 \$\$ 
Fitness 10:30-11:30 \$\$\$	1:1 Law Sessions 12:30	Crafts with Melissa 10:30 	Jewelry making w/Janice 10:30 \$\$	Mobile Food Share St. Catherine's Church 1:45 - 2:30
Art With Tex 12:30	Chair Yoga \$\$\$ 12:30	Walking Club 12:30-2:30	Pastry Demonstration 12:30-1:30 	
Wii Bowling 12:30		Wii Zumba 12:30		
20	21	22	23	24
Shopping - Walmart/Big Y 9:00 - 11:00	Trip to FOXWOODS 8:15-5:35	Shopping at Geisslers 9:00	Monthly Birthday Social Live Entertainment by Brian Gillie 12:30-1:30 	Trivia with Teresa 10:30-11:30 
Fitness 10:30-11:30 \$\$\$	Foot Care 9:00 - 1:00	Wii Bowling at Windsor 12:30-3:30		Movie: 12:30-2:00
Art With Tex 12:30	Food for Thought 11:00 - 11:30	Wii Zumba 12:30		
Wii Bowling 12:30	Chair Yoga \$\$\$ 12:30	Monthly Social Set-up		
27	28	29	30	
Shopping - Walmart/Big Y 9:00 - 11:00	Independence Unlimited 10:30-11:30	Shopping at Geisslers 9:00	Jewelry making w/Janice 10:30 \$\$	
Fitness 10:30-11:30 \$\$\$		Walking Club 12:30-2:30	Bingo Sponsored by Fresh River Health Care FREE! 	
The Book Club 10:30	Chair Yoga \$\$\$ 12:30	Wii Zumba 12:30		
Art With Tex 12:30				
Wii Bowling 12:30				

In the event of inclement weather, we follow the same schedule as the East Windsor School System. Please tune in to Channel 3 - WFSB and/or Channel 30 - WNBC for school closings. When the school system has a delayed opening due to inclement weather, the Transportation Program will also have a delayed start time. When the East Windsor School system closes early due to unfavorable road conditions, it may be necessary to close the senior center early.

THE CENTER IS OPEN

MONDAY THRU FRIDAY

8:00 A.M. - 3:00 P.M.

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